



Dear Parent,

The teaching methodology for Pre-Primary section is activity based. Hereby, we provide you with a list of activities that can be conducted at home under the guidance / supervision of parents. These activities can be carried out with the readily available materials at home. The ultimate aim of teaching is also achieved by carrying out these activities, and it will be shared twice a week starting from 15th April 2020.

Kindly requesting parents to share photographs of your ward doing these activities.

SETTING UP AN INDOOR HOPSCOTCH

- Parents need to make a hopscotch outline using available items like Atta flour, tape, crayons, clay, chalk etc.
- Advantage of playing this game - it enhances a great coordination, body balance, understanding and Numerical skills.



FLAMMING HOOPS

- Take 2 or more hoops, or any circular object available at home.
- Take newspaper or crepe paper if available at home.
- Cut the newspaper into short strips.
- Glue the strips to the hoops.
- The strips to be considered as the flame.
- The strips should be stuck only on one half of the hoop.
- Any adult or older sibling can hold the hoops.
- The child will jump through the hoops without touching the strips (flame).



EGG HUNT

- Parents can give some old newspapers and instruct the children to make a ball.
- Then they need to hide them in the house, children need to find the balls in the given time.
- Advantage of this game, it enhances coordination skills, observation, speed and Numerical skills.



STRETCH AND REACH

- Draw a circle or keep a mat on the floor.
- Walk slowly on the spot.
- Slowly increase the speed.
- Try to reach running speed with both the hands movements.
- Then gradually reduce the speed and finally come to a halt.
- Repeat this exercise 5 times.
- Stretch your hands up and down 5 times while spot running
- Stretch your hands sideways and down also 5 times while spot running.



SMELL & SPELL

- Parents can arrange various items in a tray like orange peel, lemon skin, perfume cotton, onion etc.
- Children need to smell each and every item and get ready to play the game.
- Once the children observe, blindfold them with a piece of cloth and ask them to smell each and every item and let the answer out.
- Advantage of this game, children learn all about Olfactory skills.

